




# Multiple Agent Designs in Conversational Intelligent Tutoring Systems

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## Abstract

This article describes designs that use multiple conversational agents within the framework of intelligent tutoring systems. Agents in this case are computerized talking heads or embodied animated avatars that help students learn by performing actions and holding conversations with them in natural language. The earliest conversational intelligent tutoring systems were limited to a single agent that interacted with a student in the role of a teacher or expert. Technological advances have since made possible systems in which multiple agents interact with the learner and each other to model ideal behavior, strategies, reflections, and social interactions. Though still an emerging technology, multi-agent intelligent tutoring systems afford pedagogical benefits that go beyond the capabilities of the single-agent system and have facilitated learning gains on a variety of subject matters and skills, including science, technology, engineering, mathematics, research methods, metacognition, and language comprehension. The present work describes some common multi-agent designs that may be used to achieve a variety of pedagogical goals. We provide examples of how these designs have been implemented in educational or experimental settings and anticipate future use within the field of artificial intelligence.

**Keywords** Adaptive · Artificial intelligence · Conversational agents · Intelligent tutoring systems · Multi-agent designs · Personalized learning

## 1 Introduction

Intelligent Tutoring Systems (ITS) are computerized learning environments that model learners' psychological states to provide instruction that is adaptive to these states and advances the educational agenda (Graesser et al. 2012a; Woolf 2009). Compared to more traditional, "static" computer assisted learning approaches that deliver the same material to students of different knowledge and ability levels, the ITS approach is better because it can tailor educational content and instructional methods to each individual learner. This

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capability to deliver a personalized learning experience separates ITSs from the more traditional methods of instructions.

A special class of ITS called Conversational Intelligent Tutoring Systems (CITS) use animated conversational agents that interact with students and help them learn by either modeling good pedagogy or by holding a conversation. The agents may take on different roles: mentors, tutors, peers, players in games, or avatars in the virtual worlds. The students communicate with the agents through speech, keyboard, gesture, touch panel screen, or other conventional channels. In response, the agents express themselves through speech, facial expression, gesture, posture, and other embodied actions. Within the general class of CITS, the most common design of agent interaction consists of a dialogue, in which the human student interacts with only one agent (Graesser et al. 2017a). The agent can be either a peer (approximately the same level of proficiency as the learner), a student agent with lower proficiency (so that the learner can teach the agent), or an expert tutor agent. We hereafter refer to such systems as single-agent CITS.

Advances in agent modeling tools and artificial intelligence technologies have made possible systems that incorporate two or more agents (Johnson and Lester 2018; Kim and Baylor 2016). These *multi-agent CITS* (MACITS) represent a milestone in the field of ITS since they are capable of modeling more than just the typical single tutor agent-learner exchange. Additional agents can interact with the learner and each other in a range of social and informational capacities. The various roles agents may take on increases the flexibility of instructional tactics so that different pedagogical goals for different classes of students can be addressed. For example, when the design includes both a tutor agent and a peer agent, students can observe the tutor agent and peer agent interact to model good behavior, which is sometimes helpful for students with low knowledge and skills (Craig et al. 2012). The more advanced student may attempt to teach the peer agent, with the tutor agent helping along the way. The two agents can disagree with each other and lead to cognitive disequilibrium, productive confusion, and deeper learning in the student (D’Mello et al. 2014). In general, MACITS provide capabilities to enhance learning that are not possible with single-agent systems (Graesser et al. 2017a).

One of the most significant capabilities of conversational pedagogical agents is their ability to support learning by fostering the relationship between emotions and cognition (Kim and Baylor 2006). Social cognitive theories view learning as a social process of interaction and negotiation with others (Bandura 1991; Vygotsky 1978). Agents can theoretically provide the social fabric that learners typically receive in a traditional classroom environment. Agents can interact with learners as tutors, peers, teammates, and can support learners’ emotional states using empathy and by building relationships with learners. Research on single agent systems backs the idea that social support can influence learning. For example, when an agent behaves as teammates or activity partners, they provide peer support that lowers learner anxiety (Huang and Mayer 2016). When single agents act as role models, they can enhance empathy and self-efficacy and a sense of responsibility by making mistakes that students observe and point out (Chase et al. 2009).

Whether or not additional agents are more beneficial than single agent designs in terms of social support is still up for debate. However, since multiple agent systems include within them single agent-user interactions, multiple agents systems should provide the same social scaffolding to support learning as the single agent systems and more. For example, peer agents of different abilities may interact in the same session with the user. This affords users opportunities to mimic the skilled peers and increase their confidence around less skilled peers. Praise from a tutor agent to another peer could motivate the user, as could asking the user to assist fellow peer agents when they are stuck on a problem.

Multiple agents also make it possible to work in teams, which can encourage users to work harder to satisfy other group members (Alport 1920), as well as motivate and facilitate a change in human opinions (Becker-Beck et al. 2005; Lee and Nass 2002). The hope is that the pedagogical benefits that multi-party conversational frameworks afford will incite learning gains beyond those seen with the single-agent system (Graesser et al. 2017a).

Though the ITS field has built a number of successful systems, advances in the field are often siloed (Craig 2018). Systems tend to be stand alone and do not have the capability to communicate with each other. They are highly domain specific and so are difficult to repurpose to teach different subjects. For example, researchers building a multi-agent system to teach reading strategies cannot easily transform it into a system for engineering instruction. As a result, the idea that multiple agent designs can afford advantages above and beyond the single agent design is under-acknowledged and understudied. The present work summarizes the capabilities, challenges and future development of MACITS, drawing heavily from our own first-hand knowledge in developing and testing these systems. At the interdisciplinary Institute for Intelligent Systems at the University of Memphis, we have spent the past decade pursuing the multi-agent, conversational approach. We hope the insight of our own experiences promotes awareness and further research regarding multi-agent designs.

We first describe foundational elements of CITS to provide the necessary background knowledge. Next, we lay out the various capabilities afforded by different designs of MACITS and give examples of systems that have actualized these capabilities in educational settings. When possible, we augment examples with empirical evidence regarding the system's value as a learning tool. We conclude by indicating future directions for MACITS.

## 2 Conversational Intelligent Tutoring Systems

Previous forms of computer assisted learning are often described as static in the sense that they present the same material and instruction to all users, regardless of differences in learner ability or knowledge. In doing so, these approaches fail to support flexible individualized learning and tutoring that incorporates knowledge about the domain, the student, and teaching strategies. The class of ITS with conversational agents, or CITS, has proliferated over the last decade, in part because of their ability to support personalized learning. *AutoTutor* and its descendants (Graesser 2016; Nye et al. 2014) have helped college students learn a range of skills and subject matter by holding a conversation in natural language. These conversation-based systems have been developed to teach topics such as computer literacy (Graesser et al. 2004), physics (*DeepTutor*, Rus et al. 2013); *AutoTutor*, (VanLehn et al. 2007), biology (*GuruTutor*, Olney et al. 2012), and scientific reasoning (*Operation ARIES/ARA*, Halpern et al. 2012; Kopp et al. 2012; Millis et al. 2017). Other examples of CITS that have improved student learning are *MetaTutor* (Azevedo et al. 2010), *Betty's Brain* (Biswas et al. 2010), *iDRIVE* (Craig et al. 2012; Gholson et al. 2009) *iSTART* (Jackson and McNamara 2013; McNamara et al. 2006), *Crystal Island* (Rowe et al. 2011), *My Science Tutor* (Ward et al. 2013), and *Tactical Language and Culture System* (Johnson and Valente 2009).

CITS can vary in their simulations of human conversation mechanisms, but all of them attempt to comprehend natural language, produce adaptive responses, and capitalize on pedagogical strategies to assist more personalized learning. Those like *AutoTutor* and its derivatives are equipped with agents that interact with students and material in ways that apply

explanation-based constructivist theories of learning. These systems often mimic the collaborative constructive activities that occur during human tutoring (Graesser et al. 2017d). Agents simulating tutors is a sensible first design for a CITS because evidence suggests human tutoring effectively improves student learning and motivation. Meta-analyses comparing human tutoring to traditional classroom style instruction and similar conditions report effect sizes between  $\sigma=0.20$  and  $\sigma=1.00$  (Graesser et al. 2017d; Cohen et al. 1982; VanLehn 2011).

Though human tutors are often considered the gold standard for producing learning gains in students (Shubeck et al. 2017), the exact mechanisms that make human tutoring so conducive to learning are open to debate. Research conducted on the discourse, language, facial expressions, gestures, and actions used in tutorial conversations provide some insight (Graesser et al. 1995, 2009, 2017d). We know that tutors who attempt to get students to construct answers and solutions to problems are more effective in inducing learning than those who simply regurgitate information in the same vein as a classroom style lecture (Chi et al. 2001). In fact, it appears that most human tutors follow a systematic conversational structure (Graesser et al. 1995) that has been termed *expectation- and misconception-tailored* (EMT) dialogue (Graesser et al. 2008, 2012b).

The EMT dialogue occurs when a tutor asks the student a challenging question, then anticipates particular correct answers (called expectations) and particular misconceptions, while tracing the student's rationale for the response (Graesser 2016). The tutor is able to form an approximate model of what the student knows over multiple conversation turns, by comparing the student's responses to the expectations and misconceptions (Graesser 2016; Graesser et al. 2018a, b; Ma et al. 2014). The feedback tutors give depends on the degree to which the student contributions match expectations or misconceptions (Graesser 2016). The tutors generate dialogue that corrects student misconceptions and helps students respond in ways that that eventually fulfill the expectations (Graesser 2016).

CITS such as AutoTutor, implement EMT moves within conversations in hopes they lead to learning gains seen in human tutoring sessions (Graesser 2016; Graesser et al. 2018a, b). Below we list tutor dialogue moves representative of EMT conversations in *AutoTutor* and in human tutoring sessions (Graesser 2016):

*Main Question or Problem* This is the challenging question or problem the tutor asks the student. Tutor and student then spend conversational turns (anywhere from 5 to over 100 turns) trying to collaboratively solve the problem.

*Short Feedback* Quick feedback the tutor gives in response to the student's answer. Feedback takes the form of either positive ("yes," "correct," head nod), negative ("no," "almost," head shake, long pause, frown), or neutral ("uh huh", "okay").

*Pumps* The tutor issues nondirective pumps ("Anything else?" "Tell me more.") to coax the student into talking or taking action.

*Hints* The tutor supplies hints that encourage students to talk or take action along some conceptual path. The hints range from very generic ("What about X?," "Why?") to speech acts that push the student toward a particular answer. Hints encourage active student learning within the boundaries of relevant material.

*Prompts* These are leading questions asked by the tutor with the aim of getting the student to articulate a particular word or phrase. Some students say very little and prompts are needed to get the student to say something specific.

*Prompt Completions* The tutor fills in the correct completion of a prompt.

*Assertions* The tutor states a fact or information.

*Summaries* The tutor provides a synopsis of the answer to a question

*Mini-lectures* The tutor conveys didactic material on a particular topic.

*Corrections* The tutor corrects a student's error or misunderstanding.

*Answers* The tutor answers a student's question.

*Off-Topic Comment* The tutor makes statements unrelated or tangentially related to the subject matter.

Whether the student or the tutor supplies the expectation content varies among dialogue moves. For instance, the amount of information supplied by the tutor increases with each move in the following manner: pump > hint > assertion > summary (Nye et al. 2014). Dialogues between a tutor and a more knowledgeable student have a higher proportion of tutor pumps and hints (requiring the student to offer more input) than prompts and assertions that provide more information from the tutor (Jackson and Graesser 2006).

Implementations of the EMT dialogue in CITS have helped students learn challenging material. Assessments from over 20 experiments in the areas computer literacy (Graesser et al. 2004), Newtonian physics (VanLehn et al. 2007), and scientific reasoning (Kopp et al. 2012) showed that students using *AutoTutor* had learning gains of approximately 0.80 sigma (standard deviation units) compared to students who read a textbook for the same amount of time (Nye et al. 2014; Graesser et al. 2012b). Around a dozen measures of learning were collected in these assessments, such as number of correct answers on multiple-choice questions, essay quality when students attempt to answer challenging questions, a cloze task that has students fill in missing words of texts that articulate explanatory reasoning on the subject matter, and performance on problems that require problem solving. When researchers explored the depth of knowledge acquisition using the results of these assessments, they found that the EMT dialogue of *AutoTutor* helped to increase learning gains for measures that capture deep as opposed to shallow learning (Nye et al. 2014; Graesser et al. 2012b). In this case, shallow learning included the ability to recall simple facts, rules, and procedures whereas deeper learning required inference generation, integration of information, reasoning, and problem solving. The learning outcomes of *AutoTutor* on deep learning suggest that EMT dialogues found frequently in human tutoring may be used to model appropriate conversations in ITSs to help students learn, even when the material is more difficult.

### 3 MACITS Designs

In *AutoTutor* and other CITS, EMT conversations are the primary pedagogical method of scaffolding good student answers whether the system has a single or multiple agents (Graesser 2016). In the single-agent system, the conversations between agent and student are called *dialogues* but in a multi-agent system, the interchanges may be called *trialogues* (two agents interact with one student), *quadralogues* (three agents, one student),

*quintalogues* (four agents, one student), and so on. Though research is in its early stages, the hope is that the pedagogical benefits that multi-party conversational frameworks afford will incite learning gains beyond those seen with the single-agent system (Graesser et al. 2017a). Some of these benefits include the ability to model social interactions, stage competitions, and manipulate cognitive disequilibrium (Graesser et al. 2017a).

Like single-agent designs, multiple-agent designs have been incorporated in many computerized learning environments, such as Betty's Brain (Biswas et al. 2010), Tactical Language and Culture System (Johnson and Valente 2009), iDRIVE (Gholson et al. 2009), iSTART (Jackson and McNamara 2013; McNamara et al. 2006), and Operation ARA (Halpern et al. 2012; Forsyth et al. 2012; Millis et al. 2011). When comparing single agent designs and MACITS in their current state, a major advantage of the latter is that its conversations may be designed to encompass different pedagogical goals. For instance, students can observe two or more agents interacting, allowing the student to model or adopt the agents' approach to a problem. Students can hold a discussion with a tutor agent while a peer agent occasionally contributes, or can assist a struggling peer agent while a tutor advises the interaction. Agents can argue with each other over answer choices and turn to the human student for a resolution. A tutor agent can enhance motivation by spearheading a competition between the human student and peer agents in a game scenario.

As the number of MACITS continues to grow and their technology improves, they are increasingly proving useful in a variety of educational contexts outside of the traditional K-12 or college level classroom setting. For example, a multi-agent version of AutoTutor has been implemented in a virtual environment to train civilian medical personnel on mass-casualty disaster scenarios with available military resources (Shubeck et al. 2016). In the Virtual Civilian Aeromedical Evacuation Sustainment Training program (VCAEST) AutoTutor agents provide background information delivery, correct learners on specific errors they make throughout the triage process, and guide the learners through a city block recently struck by an earthquake. An efficacy study of VCAEST with the AutoTutor agents showed that the virtual training environment was just as effective at promoting learning as a live-action training scenario on both immediate learning and transfer tests (Shubeck et al. 2016).

MACITS have also been used to assess collaborative problem solving (CPS) in the Programme for International Student Assessment (PISA, Graesser et al. 2016). Fifteen-year-old students from over 50 countries were assessed by PISA on a host of proficiencies, including CPS, and students' interactions with multiple computer agents were used in an effort to provide a reliable and valid summative assessment of CPS proficiency. Available data have so far supported the validity of the PISA CPS 2015 framework. For example, Li and Liu (2017) conducted an assessment in Taiwan that adopted the PISA CPS 2015 assessment framework. The study developed an internet-based CPS assessment with conversational agents on five tasks to be completed in 100 min. There were over 50,000 ninth and tenth-grade students who participated between October 2014 and February 2015. The problem-solving dimension in the PISA CPS 2015 assessment showed a similar ordering of competencies for the four problem-solving components ( $A > B > C > D$ ) as were reported for the PISA 2012 assessments of individual problem solving. Although the complete data for PISA CPS 2015 is still being analyzed for over 400,000 students in three to four dozen different countries, the reliability of the data in field trials is promising and should help motivate future MACIT designs that improve upon the state of technology used in PISA 2015.

Depending on the educational context, the design of the MACIT also varies. In an overview of the research, Graesser et al. (2017a) explored several designs of MACITS and

systematically grouped them by their suitability for particular students, subject matters, and depths of learning. A major theme in these designs is the dependency on social learning. For example, in what Graesser et al. (2017a, b, c, d) call “vicarious learning designs”, users are involved in little or no active learning, and acquire knowledge by observing the interactions of others. Competition style designs pit the human user against the peer agent while the tutor agent keeps score of the competitors’ correct responses. In some designs the conversations occur mainly between the tutor and human user with the student agent intermittently giving input and receiving feedback. The tutor agent may give different feedback to the human learner and student agent when they give similar incorrect answers. For example, the feedback to the human may be more neutral than the negative feedback given to the student agent. In “teachable agent” designs, the human learns by guiding the peer agent toward the solution. If problematic interactions occur, the tutor agent offers assistance. Another class of designs implements peer agents that vary in knowledge and skills. This style gives the human student the opportunity to help correct incorrect input from a peer, answer a peer’s question and take initiative in guiding exchanges. In some situations, the peer agent may have more knowledge and can help the human draw the appropriate conclusions in a peer like (rather than authoritarian) manner. Some systems may want an environment in which two agents express contradictions, arguments, or different views. The agents hold conversations in which they disagree or argue about a topic or particular solution. These discrepancies between agents stimulate cognitive disagreement, confusion, and potentially deeper learning.

The vicarious learning designs are best suited to students lacking domain knowledge, skills, and the tools required to interact with the system. Furthermore, these designs train for shallow learning rather than deep learning, assisting with the acquisition of surface level knowledge such as facts rather than higher level comprehension skills. “Teachable agent” designs and those in which agents disagree are better for the more capable students and for inciting deeper learning. Agents in any of these designs may be implemented differentially to suit the motivation and emotions of the learner. For instance, game environments motivate students through competition, a peer agent offering incorrect responses can minimize negative feedback to the student, and arguments between agents elicit confusion (a major predictor of deep learning (D’Mello et al. 2014; Lehman et al. 2013)). Besides facilitating the social, emotional and motivational aspects of learning to various degrees, the multi-agent designs allow for student proficiency to be assessed to varying degrees. Vicarious learning designs are more likely to provide little if any active assessment, whereas non-vicarious designs can measure performance by comparing student actions and verbal responses with the expectations and misconceptions.

## 4 Implementations of Multi-agent Designs

While researchers are exploring the initial designs of MACITS, another emerging area of research focuses on their implementations. Given that certain approaches are more suitable for particular educational purposes and students, each MACITS embodies unique considerations during implementation. In this section, we begin by discussing two MACITS that demonstrate educational benefits for populations with lower domain proficiency, iDRIVE and CSAL AutoTutor. The first, Instruction with Deep-level Reasoning questions In Vicarious Environments (iDRIVE), uses multiple agents to teach

science content by vicariously modeling deep reasoning questions in question–answer dialogues (Craig et al. 2012; Gholson et al. 2009). The second, Center for the Study of Adult Literacy (CSAL) AutoTutor, shows how MACITS may leverage particular to facilitate reading comprehension in low literacy adults, and how social interactions play a key role. We end with a discussion of Operation ARA/ARIES, a computerized educational game in which multiple agents collaborate with a student to reach a final goal. Operation ARIES/ARA implements many of the seven aforementioned designs, but in this paper we explore its particular use of contradictions, which are used to incite deep learning in high knowledge populations.

#### 4.1 Vicarious Learning Through iDRIVE

In iDRIVE a peer or student agent asks a series of deep questions about STEM content (such as physics, biology, or computer literacy) which are followed immediately with solutions provided by a teacher agent. Unlike many computerized learning environments that help students acquire shallow knowledge (e.g. identification of key terms, their features, simple definitions), iDrive teaches the deep knowledge (e.g. causal reasoning, solving hard problems, integrating components in complex systems, resolving contradictions) that is more difficult for people to obtain. In particular, student and teacher agents in iDrive exchange approximately 30 deep question-solution pairs per hour as learners watch and listen. In this way, students acquire knowledge vicariously through agent conversations that model high-quality question asking and in depth, explanation-based answering that facilitates deep learning (Chi 2009; Pashler et al. 2007; Rosenshine et al. 1996). Early studies on iDRIVE revealed that in the domain of physics, students receiving vicarious learning with deep questions performed comparably to students assigned to the more interactive CITS, AutoTutor (Gholson et al. 2009). In addition, iDrive’s vicarious dialogues increased question asking by students, which is a metacognitive strategy that improves learning (Rosenshine et al. 1996; Craig et al. 2006).

Later studies considered whether different types of vicarious explanations in iDrive affected learning for students who varied in domain knowledge (Craig et al. 2012). In particular, researchers compared learning gains for high and low knowledge students among four conditions: a content monolog, questions plus answer content responses, “self-explanations” stated by a peer agent, and questions plus self-explanations. Among college students, those with low domain knowledge benefited significantly more from the question plus explanation condition (34% learning gain vs. 7% for high knowledge students; Craig et al. 2012. In high-school students in different ability tracks (honors vs. standard) but with comparable knowledge on pre-tests, both honors and standard classes significantly benefited from questions plus explanations ( $p < 0.01$ ), with honors students showing slightly higher learning gains (Craig et al. 2012). This suggests that low knowledge learners, even with different ability levels, benefit from vicarious “self-explanations” that help to construct a mental representation of the material. On the other hand, learning benefits may be less in high-knowledge students due to mismatches between students’ existing mental models and the agents’ explanations (Craig et al. 2012). These results imply that vicarious deep questioning and explanations afforded by designs with multiple agents can offer significant advantages for students with low knowledge. Specifically, they help to model new skills and interactions (e.g., question-asking) that the low knowledge human learner does not possess.

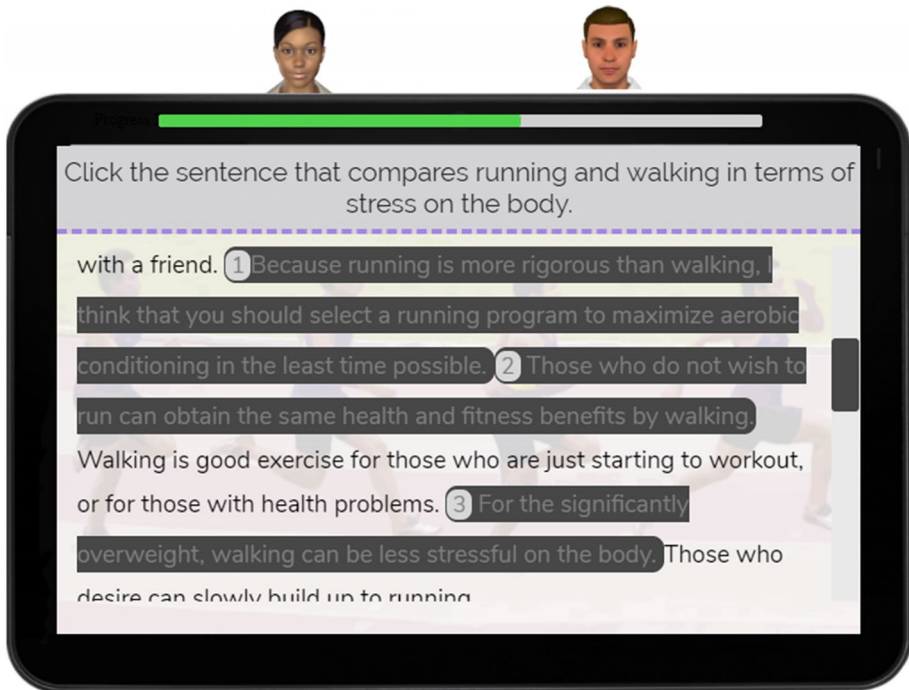
One limitation of iDRIVE and other vicarious learning environments is that students observe agents interacting so they are not actively constructing information. Active



learning requires overt behaviors that elicit different knowledge change or learning processes and is an important component of deep learning (Chi and Wylie 2014). iDRIVE has entirely passive affordances for learning, which is suitable for students at an introductory stage of a subject matter when they cannot actively construct much information. It is less effective for students at the more intermediate and advanced stages.

## 4.2 CSAL AutoTutor: Triologue Designs for Reading Comprehension

Whereas iDrive teaches STEM material in a more passive, observational manner, CSAL AutoTutor was designed to promote active learning through discussions with pedagogical agents. CSAL AutoTutor is a MACITS that was developed as part of an intervention led by the Center for the Study of Adult Literacy (CSAL, <http://csal.gsu.edu>), whose goal was to improve reading comprehension in adults with low literacy skills (Graesser et al. 2019). CSAL AutoTutor uses authentic adult activities (e.g. how to fill out a job application, reading a bus schedule) to help learners develop several comprehension strategies, including predicting features of text genre, acquiring vocabulary from context, clarifying the explicit meaning of text through questioning, elaborating on text through inferences, and summarizing the text. Conversational agents are especially well suited to this project because of the target population's limited reading abilities, and because of the special socio-psychological challenges they face (Greenberg 2008).



**Fig. 1** Screenshot and conversation for the MACITS, CSAL AutoTutor. The triologue between the tutor agent, Cristina (top left), the peer agent, Jordan (top right), and the user demonstrates many of the common EMT tutoring moves

In the current version of CSAL AutoTutor, two computer agents, a teacher (Cristina) and a peer student (Jordan), hold dialogues (Graesser et al. 2014) with a learner in 35 lessons. Dialogues consist of EMT tutoring moves (see above) such as questioning, hinting, eliciting information, giving short feedback, explaining how answers are right or wrong, and filling in gaps of information, that scaffold students through various reading comprehension strategies. Figure 1 shows a conversation that teaches students the compare and contrast strategy using a passage on walking and running as exercise. Blake is the human student, Cristina is the teacher agent and Jordan is the peer agent. Jordan may give incorrect answers but Cristina always provides correct solutions. The dialogue illustrates some typical agent moves in CSAL AutoTutor: main question, short feedback (negative, neutral, and positive), correction, pump, hint, and summary. The information in italics and brackets showcase some of the dialogue move categories. Throughout the conversation, Blake is encouraged to fill in information, answer questions, and resolve confusion on the part of the peer agent. In this way the human actively participates (dialogue design) rather than passively observes (as seen with iDRIVE):

*Cristina* Blake, can you help Jordan decide whether walking or running is better for his sister Natalie? Of the three highlighted sentences, which one compares running and walking in terms of stress on the body? [Main question] Select the sentence you think is correct. [Pump]

*Blake* [Chooses incorrect response]

*Cristina* Blake, ok, not exactly. [Neutral feedback]

*Cristina* The sentence you selected evaluates running and walking based on the amount of time a person has to spare and not on the amount of stress on the body [Correction]. We need to find a sentence that discusses stress on the body and walking and running [Hint]. Try again to pick the sentence that says something about how exercise can impact the body [Pump].

*Blake* [Chooses correct response]

*Cristina* Jordan, what about you? Do you think Blake picked the right answer?

*Jordan* No. I think it's the third sentence.

*Cristina* Jordan, you are wrong. [Negative Feedback] Blake, good job, you got it right! [Positive Feedback].

*Cristina* Jordan, the sentence you picked compared the positive health benefits of walking and running. It said nothing about negative effects like stress on the body [Correction].

*Jordan* Okay, I get it. The sentence Blake picked was right. It compares walking and running and tells us walking is less stressful on the body—especially if you are overweight. [Summary].

The social-emotional aspects of the CSAL system are particularly important for low literacy adults who face obstacles to literacy in terms of low self-esteem, anxiety, and lack of motivation (Greenberg 2008). The CSAL AutoTutor dialogues were designed to address these obstacles in way that go beyond those implemented in single-agent systems. For

instance, in the above conversation, Cristina gives negative feedback to the student agent but only neutral feedback to the human learner in response to incorrect answers (). This means the peer agent gets the brunt of negative attributions whereas the human student is provided with either neutral or positive feedback, even if both peer and human give the exact same incorrect response. Giving negative feedback to the peer but not human student clarifies the correct answer without threatening the human's motivation to learn (Graesser et al. 2017a).

Other CSAL lessons use multi-agent configurations to motivate learners in different ways. Some involve competitions similar to *Jeopardy!* in which the human student and student agent compete on a task and accumulate points. In this mode, student agent answers are dynamically selected to ensure the human always wins or ties which can boost self-efficacy and self-esteem in adult readers. In a helping mode, the student agent is having trouble with a task (such as sending an email) and turns to the human for help. The student agent asks questions that the human answers, with the tutor agent stepping in for additional assistance if needed. Again, the human student can gain a sense of self-efficacy and confidence by offering assistance to a fellow learner in need. The helping mode is more collaborative and demands higher levels of interaction from the human student. As such, it should be more motivating than either a testing mode type of dialogue whereby the tutor agent fires frequent questions and feedback at the learner or a lecture mode in which the tutor and student agents take turns lecturing to the human student.

Graesser et al. (2018b) explored the ability of CSAL AutoTutor to teach comprehension strategies by analyzing the lesson performance of 124 adults with low literacy skills. In particular, they considered whether performance on a lesson varied by level of comprehension required. Each lesson in CSAL AutoTutor includes one or more of the following theoretical levels of comprehension as defined by Graesser and McNamara (2011): words, syntax, textbase, situation model, and rhetorical structure. Words and syntax represent the lower-level basic reading components while the others are discourse components, which are allegedly more difficult to master. Comprehension required for each level progresses from shallow to deep as follows: words < syntax < textbase < situational model < rhetorical structure. Throughout the lessons, agents asked learners questions that normally had three alternative responses, and performance was measured as the proportion of questions answered correctly. Lessons were coded on one or more of four theoretical levels (the 30 lesson subset excluded syntax), with one lesson declared as primary. An analysis of variance showed that theoretical level affected performance ( $F(3,374)=9.54$ ,  $MSE=.02$ ,  $p<.01$ ), and post hoc comparisons ( $p<.05$ ) supported the following trend in terms of average performance: Words ( $M=.68$ )=textbase (.67)<situation model (.73)=rhetorical structure (.76). In other words, adults performed better on material requiring deeper (rhetorical structure and situation model) rather than shallower (words and textbase) comprehension.

Unfortunately, administering quality adult literacy instruction is challenging (Greenberg 2008), and providing high-quality comprehension instruction is particularly difficult (Douglas and Albro 2014). These results suggest computerized reading comprehension training, like that offered by CSAL AutoTutor or similar multi-agent systems, may offer a solution, though further analysis is needed to address issues such as learning gains, motivation and engagement.

### 4.3 Learning Through Contradictions with Operation ARA/ARIES

Whereas CSAL AutoTutor leverages multi-agent designs to improve reading comprehension in individuals with low levels of literacy, Operation ARIES! (Millis et al. 2011)

The screenshot displays the MACITS interface for 'Operation ARIES!'. At the top, three avatars represent the agents: Dr. Quinn (tutor), Broth (tutor), and Tracy (peer). The main window is titled 'Which Is Stronger-A Gorilla Or A Chimp?'. It features a text passage about a zoologist's research on primates. Below the passage, there are input fields for 'You typed:' and 'Closest match:', and score indicators for 'User Score: 40' and 'Tracy Score: 30'. Two buttons, 'Press for answer' and 'No (more) flaws', are visible. A chat log shows a conversation where Broth asks for flaws and Quinn responds. At the bottom, there is an 'Input flaw, when ready Click Submit Button:' field and buttons for 'Flaw List' and 'submit'.

**Fig. 2** Screenshot of the MACITS, Operation ARIES! The three agents from left to right are Dr. Quinn (tutor agent), Broth (tutor agent) and Tracy (peer agent). Students and peer agent compete in a game like scenario in which they both read a passage then take turns identifying flaws in the described research

expands the application of MACITS by helping high school and college students critically evaluate research they encounter in various media, such as the Web, TV, magazines, and newspapers. A version of ARIES! called Operation ARA (Halpern et al. 2012) was commercialized on an experimental basis by Pearson Education. ARIES stands for Acquiring Research Investigative and Evaluative Skills whereas ARA is an acronym for Acquiring Research Acumen. The software asks students to find flaws in research that violate good scientific research designs (e.g. the need for control groups, random assignment, operational definitions and the difference between correlation and causation) and how to ask appropriate questions that uncover problems with methods or interpretation (Fig. 2).

ARIES/ARA uses many of the designs described previously in this article and implements them in ways that cater to different knowledge levels of players. Vicarious learning with human participation (design 2) is used for low knowledge students, tutorial learning (designs 3 or 4) is used for intermediate knowledge students and learning through teaching (design 5) is used for high knowledge students. For the purpose of this article, we are mostly interested in discussing ARIES/ARA to demonstrate how conversations between agents may be orchestrated to induce confusion in the learner (design 7). This is accomplished by having agents contradict each other or disagree during the lesson in ways that

confuse the learner. The idea is that the induced confusion will inspire learners to actively engage in deliberation, problem solving, and other forms of sense making in order to restore clarity by resolving their confusion (Rus et al. 2013).

Researchers used conversations adopted from ARIES/ARA on potentially flawed research to investigate cognitive disequilibrium, confusion, and deep learning with dialogues (D'Mello et al. 2014; Lehman et al. 2012, 2013). In a series of experiments, agents expressed false information and contradictions as they critiqued cases studies of research methods. Learners were presented with experiments that varied on whether or not they contained errors in scientific methodology. For instance, one study involved a new pill that claimed to help people lose weight, but the study lacked a control group and the sample size was insufficient. The human student conversed with an expert tutor agent and a peer agent in a dialogue to identify flaws in the experiment. Specifically, the tutor agent and student agent engaged in a short exchange about (a) whether there was a flaw in the study and (b) if there was a flaw, where it occurred. There were four possible variations on the dialogue: The True–True control condition in which the tutor agent expressed a correct assertion and the student agent agreed; the True–False condition whereby the tutor expressed a correct assertion but the student agent disagreed and gave an incorrect assertion; the False–True condition where the student agent gave the correct assertion but the tutor agent disagreed; and the False–False condition in which the student agent agreed with an incorrect assertion given by the tutor agent.

Throughout the conversation, agents intermittently asked human students for their opinions, framed as a Yes–No question. For instance, the teacher agent would ask the human student whether or not he or she agreed with the student agent. If the student agent gave a correct assertion and the human learner agreed, the response was coded as correct. If the human learner experienced uncertainty or confusion, this should appear either as an incorrect response or wavering between different viewpoints when asked multiple questions about a topic. In the study, confusion was said to be present if both (a) the student manifested uncertainty or incorrectness in his decisions to agent questions and (b) the student either reported being confused or the computer automatically picked up confusion (through technologies that track discourse interaction, facial expressions, and body posture—an area of research that is outside of scope of this article (D'Mello and Graesser 2010; Graesser and D'Mello 2012)). Ideally, confusion would lead to reasoning and learning.

The contradictions and false information did impact human learners' answers to questions that immediately followed a contradiction. The proportion of correct human responses followed this order: True–True > True–False > False–True > False–False conditions. Students were rarely confused when agents converged on a correct solution (True–True, no contradiction), but were often confused when the agents disagreed (True–False or False–True). Additional analysis showed that this confusion was beneficial to learning. Confusion generated learning at deeper levels, as reflected in a delayed test on scientific reasoning. Students experiencing False–True performed better on multiple choice questions that tapped deeper comprehension of subject matter than students receiving the True–True condition. On a delayed post-test, learners experiencing some kind of contradiction were better at identifying flaws in a far transfer case study (True–True condition). Taken together, these findings suggest contradictions between multiple agents can stimulate deep learning. Specifically, there appears to be a causal relationship between contradictions (and the associated cognitive disequilibrium) and deep learning, in which confusion plays either a mediating, moderating, or causal role.

There are, however, restrictions to using contradiction to stimulate deep learning. One is that contradictory claims must be presented one after another and often pointed out to the learner. If too much time passes between a claim and its contradictory counterpart, the learner is likely to miss the contradiction (Graesser et al. 2017a; Baker 1985) unless he or she has a

high amount of world knowledge. This means that conversations must be scripted to ensure contiguous presentation of contradictions, which is presumably easier with more than one agent contributing to the discussion.

## 5 Future Directions

The previous sections described CITS that have successfully implemented multi-agent designs in an effort to facilitate learning. We wrap up our conversation on MACITS by considering their role in both collaborative problem solving (CPS) and virtual environments. These two areas do not routinely implement multiple pedagogical agents but may greatly benefit from doing so.

### 5.1 Multiple Pedagogical Agents for Collaborative Problem Solving

Whereas the research profiled in the previous section focused on the use of MACITS to teach more long-standing, traditional instructional topics (e.g., literacy, STEM topics, and research methods.), there are multiple opportunities for MACITS to help foster skills needed for the twenty-first century. In particular, it is becoming increasingly evident that solutions to many of the complex issues facing the world today (e.g. cancer, poverty, climate change), depend upon effective collaboration among teams of individuals from multiple fields. Effective collaboration, like the problems these teams try to solve, is multi-faceted and requires that members address factors associated with their team and with the task at hand (Fiore et al. 2015). A team can be threatened by an insufficient understanding of the problem, a social loafer, a saboteur, an uncooperative unskilled member, or a counter-productive alliance; the problem can be mitigated by a strong leader that fills in knowledge gaps, draws out different perspectives, helps negotiate conflicts, assigns roles, and promotes team communication (Salas et al. 2008). The growing recognition that collaborative problem solving (CPS) is an important skill for future generations has led some to advocate for its place within educational curricula and national and international assessments (Care et al. 2016; Griffin and Care 2015; Fiore et al. 2018; Hesse et al. 2015; National Research Council. 2011).

However, developing standardized computer-based assessments of CPS skills, specifically for large-scale assessment programs, is challenging. There is inherent complexity in assessing CPS since it involves cognitive and social aspects, and the outcomes from a CPS task are generally the results of the interaction of both (Rosen 2017). In addition, CPS test designers and researchers are faced with issues that threaten the level of consistency and control of the assessment. For instance, to obtain reliable assessments in different circumstances, it is necessary to have multiple teams and problem scenarios per test-taker (Graesser et al. 2017b). They must also address the extreme measurement error that occurs when particular test-takers are assigned to other humans who have unpredictable collaboration difficulties (Graesser et al. 2017b). In general, the adequacy of any psychometric assessment cannot be guaranteed when a small group of humans solve problems together and can wander in many different directions.

In addition to their role in assessment, multiple agent frameworks can be used to teach collaboration skills. MACITS, in particular, appear well suited to help students learn from collaboration environments. Students learn best when they actively contribute, receive feedback on their contributions, are exposed to multiple perspectives on the problem, and

coordinate progress among team members in solving the problem. Agents can play a role in facilitating these group processes. For example (Graesser et al. 2017c):

1. If the team is stuck and not producing contributions on the relevant topic, then the agent says “What’s the goal here?” or “Let’s get back on track.”
2. If the team meanders from topic to topic without much coherence, then the agent says “I’m lost!” or “What are we doing now?”
3. If the team is saying pretty much the same thing over and over, then the agent says “So what’s new?” or “Can we move on?”
4. If a particular team member is loafing, the agent says “What do you think, Harry?”
5. If a particular team member is dominating the conversation excessively, the agent says “I wonder what other people think about this?”
6. If one or more team members express unprofessional language, the agent says “Let’s get serious now. I don’t have all day.”

An important next step is to identify a larger set of production rules for CPS, implement them in MACITS environments, and evaluate whether they improve collaborative problem-solving performance.

## 5.2 Multiple Pedagogical Agents in Virtual Environments

As tools for collaborative problem solving instruction, MACITS have the potential as stand alone systems to foster skills and knowledge that are necessary for the twenty-first century. However, MACITS can also be integrated into technology that is already revolutionizing education. Virtual learning environments (VLEs) are web-based educational tools that often mimic real-world settings so as to contextualize learning scenarios with strong social components (Rowe et al. 2009). VLEs are often built as substitutes for live-action training scenarios because they offer certain advantages. For instance, VLEs can simulate scenarios that cannot be easily replicated in the real world (Alison et al. 2013; Patterson et al. 2009; Shubeck et al. 2016), they may be preferred by learners over traditional learning environments, and in some cases, they can be more effective than live-action training (Conradi et al. 2009; Foronda et al. 2016). The game-like environments of VLEs are useful for increasing learner engagement and motivation, both of which promote learning (Papastergiou 2009). They are immersive and often times allow learners to navigate the world freely, guiding themselves through the learning experience (Hew and Cheung 2010). However, this freedom can sometimes overwhelm learners, particularly if there is no guidance, and this may inhibit rather than help their learning (Jestice and Kahai 2010). Adding pedagogical agents to these immersive and engaging environments is a natural step towards providing support and guidance to learners, ultimately enhancing the learning experience.

Since VLEs often model live-action scenarios involving interactions between multiple people, optimal scaffolding would include multiple virtual agents and support for multi-party conversations between virtual and real actors. However, implementing pedagogical agents within a VLE is not routine because it can be challenging from a system design perspective. Often, the VLE must be constructed from the ground up, with pedagogical agents set up as a core component of the environment. Some efforts have been made to develop universal software allowing researchers to circumvent this requirement, for example, the Generalized Intelligent Framework for Tutoring (GIFT), which integrates agent based ITS into existing learning environments (Sottolare et al. 2013).

## 6 Discussion

This article described the current state of common multi-agent designs for conversational intelligent learning environments, provided examples of systems that implement these designs, and also discussed domains such as virtual learning and CPS that hold great potential for the use of MACITS. In doing so, we make known some notable advantages of MACITS over single agent CITS. For example, it is not possible to model social interactions, stage competitions, and manipulate cognitive disequilibrium without at least two agents. Furthermore, by implementing particular multi-agent designs, researchers or educators can cater to different student populations. Some designs appear to be more suitable for students with less domain knowledge and skills while others should incite learning in more competent students. Since MACITS are a relatively new endeavor, more research is needed regarding various aspects of the systems and their effects on learning. For example, there is a need to clarify the conditions in which particular designs are effective in facilitating aspects of learning. Only a few empirical studies back the contention that vicarious learning is best for low ability students, tutoring is best for intermediate ability students, and learning by teaching is best for high ability students. Also, work should be done to better specify the influence of designs on learners' varying emotional states. This is particularly important so as to leverage the capabilities of MACITS for tapping into social components of learning. For example, when does competition increase versus decrease motivation and engagement, and when does cognitive disequilibrium lead to frustration and disengagement rather than confusion and deep learning. By analyzing multi-agent designs under different conditions, we can use meta-analyses to compare results and learn how to use agents most effectively.

Despite clear advantages of MACITS, it is important to note additional agents come at a cost. A dialog between one agent and a human is relatively easy to implement but dual agents significantly increase the number of communication turns and possible sequences of speech acts (e.g. greetings, questions, answers, requests, hints, evaluations, feedback, etc.). Implementations of systems with more than two agents face a combinatorial explosion problem that demands systematic computational modeling and expertise in script authoring above and beyond what is typically required. However, as we have witnessed time and again, technological breakthroughs could pave way for the seamless integration of any number of conversational agents into an ITS. Likewise, technology and research should lead to future versions of MACITS that are more computationally friendly and require less expertise to author.

In addition to making MACITS easier to use and less expensive, we expect the design of future MACITS will be informed by current research on what fosters learning gains in hypermedia environments using multiple pedagogical agents. Some of this work considers when and why students ask for help and what type of help is most effective. For example, it appears help in the form of feedback is particularly useful in multiple pedagogical systems. When this feedback is adaptive and designed to regulate learning, it facilitates learning (Azevedo et al. 2012) and produces higher learning gains than feedback from single agent designs (Martin et al. 2016). However, which multiple agents are included in the design affects learning as well, and future MACITS developers should be aware that learning gains are not always proportional to the time spent with an agent (Martin et al. 2016). It is also important to consider when is optimal for a MACITS to offer help, since learner characteristics influence help seeking behavior. For instance, we know that students with lower prior knowledge seek help less effectively (Puustinen



1998; Renkl 2002; Wood and Wood 1999) so those who need help the most are the least likely to receive it when using a MACITS that provides help only on request (Aleven et al. 2003, 2016).

If future work continues to provide insight into best practices concerning the design and development of MACITS, we expect they will become more common in the classroom. The hope is that they will be capable of autonomously help hundreds of thousands of students develop content mastery, learning strategies, critical thinking, writing proficiency, and other skills in a manner that effectively integrates cognition, motivation, and emotion.

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## Compliance with Ethical Standards

**Conflict of interest** The authors declare no conflict of interest.

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